

Behavioral Problems Management Plan: Access Online Videos in 4 Easy Steps!!

1. Visit our website at atozpedyouth.com
2. Click "Parent Resources" tab
3. Click "Active Parenting" link
4. Type in password: [AZP103015](#)



Video Library:

- **The BabyCare Workshop Volume 1**
 - Contains 3 videos: "Handling, Diapering, and Dressing" (15min), "Calming Your Baby" (9min), and "When Your Baby is Sick" (10min)
- **The BabyCare Workshop Volume 2**
 - Contains 3 videos: "Safe and Sound" (13min), "Play Time" (13min), and "Bath Time" (11min)
- **The BabyCare Workshop Volume 3**
 - Contains 3 videos: "Feeding Your Baby" (16min), "Postpartum Care" (10min), and "Sibling Preparation" (16min)
- **1,2,3,4 Parents! #1: What You Need to Know**
 - Understand the four ages and stages of development every child goes through, and how to enhance your child's learning at each stage. Learn about three parenting styles, and discover how to begin building a lifelong bond with your child. (18min)
- **1,2,3,4 Parents! #2: Discipline and Beyond**
 - Learn non-violent discipline skills that really work, and how you can set rules that your toddler can understand and follow. (16min)
- **1,2,3,4 Parents! #3: Building Better Behavior**
 - Discover how the power of encouragement helps children learn positive behavior at an early age. Understand the importance of taking care of yourself as well as your child. (13min)
- **Active Parenting 4th Ed. Video Library 1: The Active Parent**
 - Learn about issues facing today's kids; explore different parenting styles; discover what parents can control and what they can influence; learn about mutual respect and the method of choice. (35min)
- **Active Parenting 4th Ed. Video Library 2: Cooperation & Communication**
 - Problem-solving for kids and parents; communication blocks; active communication skills; feelings and empathy. (26 min)
- **Active Parenting 4th Ed. Video Library 3: Responsibility & Discipline**
 - Master proven, nonviolent discipline techniques that also teach responsibility; discover how to use effective "I" messages; discover the value of logical consequences and how to use them. (29 min)
- **Active Parenting 4th Ed. Video Library 4: Building Courage & Self-Esteem**
 - Learn how the Think-Feel-Do Cycle affects a child's courage and self-esteem; explore the five goals of behavior; harnessing the power of encouragement. (29 min)
- **Active Parenting 4th Ed. Video Library 5: Understanding and Redirecting Misbehavior**
 - Learn why children misbehave; identifying and handling power struggles; dealing with anger; using the "FLAC" method to solve problems. (29 min)
- **Active Parenting 4th Ed. Video Library 6: Active Parenting for School Success**
 - 7 Smart Things for School Success; structuring homework time; preventing the use of alcohol, tobacco, and other drugs; making decisions as a team with family talks. (25 min)
- **Active Parenting for Stepfamilies Video #1: Finding Your Way**
- **Active Parenting for Stepfamilies Video #2: Stepfamily Communication and Problem-Solving**
 - Explore effective roles for stepparents. Build new relationships while learning about communication stumbling blocks, the problem-handling model, and active communication (between parents and children and also between spouses). (31 min)
- **Active Parenting for Stepfamilies Video #3: A Tale of Two Histories: Turning Differences into Opportunities**

- Learn to cope creatively with value clashes. Evaluate and set new limits (of space, time, money, and authority). Prevent and manage loyalty conflicts. Teach the value of responsibility, and understand the role of freedom in your stepfamily. (27min)
- **Active Parenting for Stepfamilies Video #4: The Challenge of Discipline**
 - Learn proven non-violent discipline techniques and how parents and stepparents can use them effectively. Incorporate logical consequences into your stepfamily life. (35min)
- **Active Parenting for Stepfamilies Video #5: From Anger & Power Struggles to Courage & Self-Esteem**
 - Learn how to diffuse power struggles using the "FLAC" method. Use anger as a positive tool. Nurture children's self-esteem through encouragement. (30min)
- **Active Parenting for Stepfamilies Video #6: Celebrating Stepfamily Successes**
 - Celebrate your marriage, your differences, and your achievements. Maintain your success by holding family meetings and developing protective ways to minimize risks. (21min)
- **Active Parenting of Teens #1: The Active Parent**
 - "The Active Parent" Learn about issues facing today's teens; explore different parenting styles; discover what parents can control and what they can influence; learn about mutual respect and the method of choice. (32min)
- **Active Parenting of Teens Video #2: Winning Cooperation**
 - Problem-sharing in families with teens; active communication skills; promoting cooperation between parents and teens (24min)
- **Active Parenting of Teens Video #3: Responsibility and Discipline**
 - How to discipline a teenager, using the FLAC method to solve problems; using logical consequences to set limits. (29min)
- **Active Parenting of Teens Video #4: Building Courage, Redirecting Misbehavior**
 - Learn how the Think-Feel-Do Cycle affects a teen's courage and self-esteem; explore the 5 goals of teen behavior; power struggles and how to handle them. (34min)
- **Active Parenting of Teens Video #5: Drugs, Sexuality, and Violence: Reducing the Risks, part 1**
 - Overview of the risks facing teens today and how parents can use their influence to prevent problems. Also explores issues of teen sexual behavior. (24min)
- **Active Parenting of Teens Video #6: Drugs, Sexuality, and Violence: Reducing the Risk, part 2**
 - Explores six problem-prevention strategies relating to issues surrounding alcohol, tobacco, and other drugs. (30min)
- **Parents on Board Video #1: Preparing Your Child to Succeed in School**
 - Learn how to recognize and support a child's learning style; how to set up a "school-smart" home; and how to motivate children to do their best. (20min)
- **Parents on Board Video #2: Encouraging Positive Behavior**
 - Learn how to promote cooperative behavior at school and how to work with teachers to resolve conflict. Also learn effective, non-violent methods of discipline. (22min)
- **Parents on Board Video #3: Reinforcing Your Child's Academic Skills**
 - Explore ways to help children with homework without doing it for them; how to be an effective academic coach in writing, spelling, math and science; and why it's important to do fun things together, too. (20min)
- **Session 1, Video 6: And Now a Word From Your Child's Brain**

Spanish Video Library

- **Padres Activos Ahora Video1: Paternidad en el siglo XXI**
 - Cuál es su estilo y cómo éste influencia a su hijo (32min)
- **Padres Activos Ahora Video 2: Comunicacion Activa**
 - Cómo ganar la cooperación de su hijo (29min)
- **Padres Activos Ahora Video 3: Disciplina Eficaz**
 - Cómo criar a un niño responsable (27min)
- **Padres Activos Ahora Video 4: Evadir la Lucha de Poder**
 - Redirigiendo el mal comportamiento de su hijo (27min)
- **Padres Activos Ahora Video 5: Construyendo el Caracter**
 - Valor y Autoestima en su Hijo (24min)
- **Padres Activos Ahora Video 6: La Magia de las Reuniones Familiares**
 - Enseñando solución de problemas y valores positivos (29min)
- **1,2,3,4 Padres Video#1: Que Necesita Saber Sobre su Hijo de 1 y 4 Anos**
 - (Lo que usted necesita saber acerca de su 1 to 4 años) Aprenda las cuatro etapas del desarrollo del niño y la forma de mejorar el aprendizaje de los niños en cada estado. Aprenda acerca de tres tipos de padres y descubre cómo empezar la construcción de un vínculo de por vida con un niño. (20min)
- **1,2,3,4 Padres Video #2: Disciplina y Mas**
 - (Discipline and Beyond) Aprender habilidades efectivas de disciplina y no violentas que realmente funcionan, y cómo establecer reglas que un niño pequeño y seguir. (14min)
- **1,2,3,4 Padres Video #3: Fomentando un Mejor Comportamiento**
 - (Building Better Behavior) Descubra cómo el poder de estímulo ayuda a los niños a aprender el comportamiento positivo a una edad temprana. Comprender la importancia de los padres que cuidan de sí mismos, así como su hijo. (18min)